



## DSE Training (Display Screen Equipment)

RoSPA, IOSH, CPD, IIRSM, Skills for Care, Citation

### Description

Anybody who regularly uses display screen equipment is legally required to undertake DSE Training. This training course can help your organisation work towards compliance with The Health and Safety (Display Screen Equipment) Regulations 1992 & can help avoid injuries in the workplace. This DSE Training course helps to ensure that your employees understand how to properly take care of their health whilst at work by ensuring that their immediate working environment is at its best.

### Sections

- 1. Physical – At Your Desk**
- 2. Visual – Looking After Your Eyes**
- 3. DSE Stress**
- 4. Portable Devices**